



2012 HSAA Track & Field Registration Information

www.HSAA.org



General Info:

The HSAA Track & Field team is coming off a strong third season as it prepares for the 2012 season. Athletes will have an opportunity to compete against local schools in the sprints, distance, hurdles, throws (shot/disc), jumps (long, triple, and high), and relays. Practice begins in Plano on January 16, 2012 for High School and January 30, 2012 for Middle School, with the final meet hosted by HSAA and scheduled in May.

There will be TWO information/registration sessions for the 2012 Track & Field teams. Prospective athletes and a parent must attend one: Nov 12, 2011 or Jan 7, 2012. Following the January 7 registration session, there will be a mandatory team meeting for all athletes, regardless of which registration session they attend.

Try-outs are not held for Track & Field. Therefore, registering for the track team is your commitment that you will participate in the upcoming season. Please speak to your child to ensure they want to participate in a competitive sports program and put in the necessary hours practicing before you register. Practices and meets are mandatory and at-home workouts are assigned. There will be a meeting at registration explaining the program and requirements. Additionally, you may email Coach Lisa McNeme if you have specific questions or concerns, hsaatrack@yahoo.com.

We currently have a Head Coach for the HS Boys and HS Girls teams, as well as six Assistant Coaches for the various events. We are interested in finding a designated head coach for the Middle school track program. Please contact Coach McNeme for an interview if you are interested in serving in this capacity. No experience is necessary! There will be plenty of on the job training!

Registration Dates (must attend ONE):

1. Sat., November 12, 10:30-11:30, Haggard Library, 2501 Coit Rd, Plano TX 75074.
Mandatory registration meeting begins at 10:30 am.

2. Sat., January 7, 10:00-11:00am, **Clearwater Community Church**, 850 East Arapaho Road, Richardson, TX 75081

Mandatory Team Meeting: Sat., January 7, **11:30-12:30**
Clearwater Community Church
850 East Arapaho Road
Richardson, TX 75081

Multiple Payment Plans if register in Nov (contact Coach McNeme if you need another option):

\$310 High School-3 plans (H1, H2, H3)

H1: In full, \$310 at registration, Nov 12 or Jan 7

H2: \$150 at Nov 12 registration + \$160 due at Jan 7 meeting

H3: \$110 at Nov 12 registration, \$100 due by mail Dec 15, and \$100 due Jan 7

\$210 Middle School-2 plans (M1, M2)

M1: In full, \$210 at registration, Nov 12 or Jan 7

M2: \$110 at registration, \$100 at Jan 7 Meeting

Important Payment Notes:

1. **NO CASH.** Cash cannot be directly deposited by HSAA. Please have a check, cashier's check, or money order made out to "HSAA". Put your child's name and "track" on the memo line. There are several businesses located near the registration site if you need to have cash converted to a money order the day of registration!

2. Fees paid at registration are non-refundable.

What to Bring/Read Prior to Registration:

All forms are located on the HSAA website. There will be limited blank copies at registration, so please print out ahead of time. Thanks.

1. Bring Completed Spring 2012 Track & Field Application
2. Bring HSAA Athletic Release and Medical Authorization for 2011-2012
3. Bring 2011-2012 Physical Evaluation Form (physical forms must be turned in prior to first practice)
4. Read HSAA Appearance Code
5. Read HSAA Expectations
6. Read HSAA Eligibility Requirements

Uniforms:

There will be a full run of sizes tank/shorts for the athletes to try-on at registration. We have NEW UNIFORMS (tanks/shorts) for the 2012 season so all athletes need to get fitted during registration. Uniform cost is included in the registration fees.

2012 Fees:

1. Basic Fees
 - A. High School - \$310
 - B. Middle School - \$210

Mandatory Team Kick-Off Meeting (following registration):

January 7, 2012

11:30-12:30

Clearwater Community Church

850 East Arapaho Road

Richardson, TX 75081